



## Peer Connections Manitoba Job Posting

### Position Profile

**Position Title:** Family Peer Support Worker, Crisis Response Centre

**Hours of Work:** 0.8 EFT - shifts up to a maximum 28 hours/week, primarily evening shifts, with some holidays and weekends.

**Posting:** Internal/External

**Closing Date:** May 30, 2021

#### **VISION:**

Mental Wellness for All

#### **MISSION:**

To provide quality mental health education and value-based peer support for Manitobans and their families dealing with mental health challenges.

#### **VALUES:**

Authenticity  
Integrity  
Respect  
Support  
Holistic

### Position Summary

- Family Peer Support Workers have gone through a personal journey of recovery/wellness as a family member and have obtained peer support related training (training provided) to assist other family members of someone with mental health challenges/addictions. A Family Peer Support Worker:
- Uses strengths-based and recovery-oriented approaches with individuals and groups to help combat stigma, promote self-determination, and instill hope.
- Provides non-clinical support to the family member and as such is intended to be a comfort to the family, a resource to individualized community supports and a source of practical recovery/wellness information.
- Draws from lived experience as a family member of someone with mental health and/or addiction challenges to provide peer support to those requesting service through Peer Connections Manitoba.

The Family Peer Support Worker will work as a member of a diverse inter-professional team to facilitate and support families in their recovery/wellness process. Drawing from lived experience of mental health and/or addiction challenges, the Family Peer Support Worker will assist families who present at the Crisis Response Centre (CRC). The goal of the Family Peer Support Worker program/role is to

enhance recovery/wellness for the family member and improve the quality of the family member's experience at the CRC with support and system navigation, post visit.

## KEY RESPONSIBILITIES

- Work collaboratively to support the implementation of recovery/wellness principles in all environments.
- Following protocols, establish contact with person and orient them to the Family Peer Support Worker role, including an understanding of the non-clinical role and voluntary nature of peer support.
- Orient the family to the hospital routine and answer questions regarding CRC process.
- Be available to the family through their wait in CRC (in person or virtually) and be willing to share their story as appropriate.
- Provide support in a manner consistent with recovery philosophy, which emphasizes peer and natural support, and the de-escalation of distress.
- Provide information about and encourage access to the full range of crisis supports.
- Provide information on advocacy, self-help, recovery/wellness, crisis planning and prevention, and empowerment tools as requested by the family member.
- Provide information links regarding resources in the community.
- Collaborate with family members, promote self-advocacy, and support families to advocate for themselves.
- Advocate with the family member as requested.
- Provide follow-up contact for family member once discharged from CRC for a maximum of 4 weeks.
- Document as per guidelines using strength-based, recovery supporting language.
- Assist the family member with system navigation by providing practical recovery information including individualized community contacts and community peer support.
- Act as a resource to Mental Health Crisis Team.
- Provide education about recovery/wellness and peer support to staff, residents, and students.
- Provide peer support services reflective of the diverse needs of the family member.
- Provide family members with other well-being supports (food, water, coffee, blankets, activities book, music, writing materials etc.)
- Facilitate groups as required.
- Record required statistics.
- Attend staff meetings as required.
- Meet with supervisor as required.
- Attend the Community of Practice, online.
- Other duties as assigned.

**To Apply:** Please forward your cover letter and resume to Adam Milne, Peer Support Manager by email: [a.milne@peerconnectionsmb.ca](mailto:a.milne@peerconnectionsmb.ca). Only candidates selected for an interview will be contacted.

Wage: \$21.00/hour